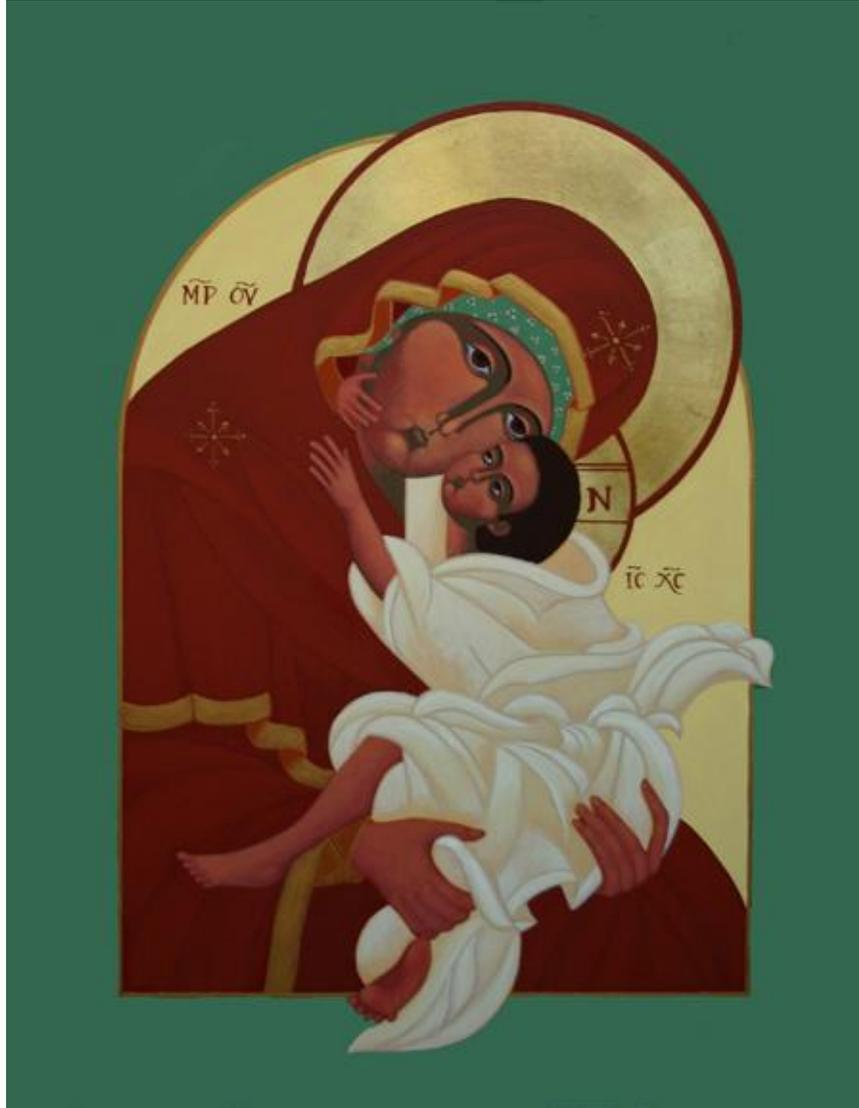


# An Episcopalian Rosary for Children



*Glykophilousa*  
*("Sweet-kissing") Mother of God*

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Based on a Russian icon attributed to Theophanes the Greek, 14th Century.

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To order your custom-made Episcopal Rosary, click [here](#)  
or send an email to [angels20.com@gmail.com](mailto:angels20.com@gmail.com).

*This Rosary meditation has been adapted from a life-long practice of the Catholic Rosary together with a commitment to Anglican theology and inclusive language. Grounded in Holy Scripture, this prayer discipline engages the body with the beads, and the mind in the rhythm of the prayers and the meditations on the mysteries and the graces, allowing the heart and soul to open to the presence and leading of God.*

*Typically Anglicans pray four groups of seven beads, and Catholics pray five groups of ten beads. This, being a via media adaptation, uses five groups of seven beads - the number seven symbolizing spiritual perfection, completeness, and the work or action of God, as in ancient and Biblical understanding. The Hail Mary is the Catholic version and the Gloria is the Anglican version. The Closing Prayer, the Prayer After the Rosary, and the final two Glorious mysteries have also been adapted to reflect an Anglican perspective.*

*This version, adapted for use by young children, along with the original version entitled 'An Episcopal Rosary', may be found at the St. Mary's Episcopal Church website:*

[www.stmaryscadillac.org](http://www.stmaryscadillac.org)

*Scriptural quotes have been taken directly from the New Revised Standard Version of the Bible:*

*The Rev. Valori Mulvey Sherer, Rector,  
St. Mary's Episcopal Church, Cadillac, Michigan*

*Holding the cross, make the sign of the cross holding, saying:*

In The Name of God, Creator, Redeemer, and Sanctifier. Amen.

*If you want to pray for someone, remember them now, then say the Apostles' Creed*

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,

the communion of saints, the forgiveness of sins,

the resurrection of the body, and the life everlasting. Amen.

*Hold the first bead above the cross and pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those  
who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins  
as we forgive those  
who sin against us.

Save us from the time of trial,  
and deliver us from evil.

For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

*Holding each of the next three beads, say:*

God, give me faith (*bead #1*)

God, give me hope (*bead #2*)

God, help me to love. (*bead #3*)

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

## THE JOYFUL MYSTERIES

### First Meditation: The Annunciation

The Angel Gabriel tells Mary she is going to have a child. She will name the child Jesus, and he will be the Savior of the world.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **humility**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Move to the next single bead and pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

## **Second Meditation: The Visitation of Mary**

Mary goes to visit her cousin Elizabeth. When Mary says hello, Elizabeth knows Mary is going to have a special baby, the Savior. Elizabeth blesses Mary for believing that God's love can make great things happen through simple people.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **charity**:*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

### **Third Meditation: The Nativity**

Mary gave birth to Jesus in a manger because they couldn't find a room at the inn. Shepherds nearby heard of the birth of Jesus from an angel, and they came to visit him.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of the **love of God**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
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your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

## Fourth Meditation: The Presentation of Jesus

Mary and Joseph brought their baby Jesus to the temple for a religious ceremony. Two prophets who were there, Simeon and Anna, began to praise God because they recognized Jesus as the one God had been promising to send to bring salvation to the world.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **obedience**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

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hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

## **Fifth Meditation: The Finding of Jesus in the Temple**

When Jesus was 12 years old, he went away with his parents to Jerusalem , a big city, for the Passover festival. When it was time to go home to Nazareth, Mary and Joseph couldn't find Jesus. They looked and looked and were very scared. They finally found Jesus in the temple, talking with the priests and church leaders. Jesus said to his parents, "Why were you searching for me? Didn't you know that I must be in my Father's house?"

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **zeal for God.***

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Then say this closing prayer:*

Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

# THE SORROWFUL MYSTERIES

*Holding the cross and make the sign of the cross, saying:*

In The Name of God, Creator, Redeemer, and Sanctifier. Amen.

*If you want to pray for someone, remember them now, then say the Apostles' Creed.*

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,

the communion of saints, the forgiveness of sins,

the resurrection of the body, and the life everlasting. Amen.

*Hold the first bead above the cross and pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

*Holding each of the next three beads, say:*

God, give me faith (bead #1)  
God, give me hope (bead #2)  
God, help me to love. (bead #3)

*Then pray the Gloria:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

## **First Meditation: The Agony in the Garden**

Just before he died, Jesus went to pray in a garden. He knew he was going to die soon, and at first, he asked God if it could be different. But then he remembered that God has a plan, so he said, 'Your will, not mine be done.'

*the Hail Mary seven times – once on each bead – asking God for the grace of repentance.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

Then:

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

## **Second Meditation: The Scourging at the Pillar**

At the trial, Pilate had Jesus beaten by whipping him. Then he sent Jesus to be crucified.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **courage**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

### **Third Meditation: The Crowning with Thorns**

The soldiers were making fun of Jesus as they took him to the place where he was going to die. They hit him, spit on him, and even made a crown of thorns that they put on his head. The thorns made Jesus bleed, but he didn't say anything yet. He remembered that God's plan would make good out of this bad time.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **purity of heart**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
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your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

## Fourth Meditation: The Carrying of the Cross

Jesus had to carry his own cross up to the hill where he was going to die on it. It was heavy and Jesus kept falling, so they let a man named Simon help Jesus carry the cross up the hill.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **patience**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

## **Fifth Meditation: The Crucifixion and Death**

Jesus was nailed to the cross and left to die. The sky got very dark. As he began to die, Jesus said a prayer, a psalm they used in church. Then he died. When he died, the curtain at the temple ripped in two. And some of the people watching realized that Jesus really was God's son.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **perseverance**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Then say this closing prayer:*

Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

# THE GLORIOUS MYSTERIES

*Holding the cross and make the sign of the cross, saying:*

In The Name of God, Creator, Redeemer, and Sanctifier. Amen.

*If you want to pray for someone, remember them now, then say the Apostles' Creed.*

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,

the communion of saints, the forgiveness of sins,

the resurrection of the body, and the life everlasting. Amen.

*Hold the first bead above the cross and pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those  
who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins  
as we forgive those  
who sin against us.

Save us from the time of trial,  
and deliver us from evil.

For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

*Holding each of the next three beads, say:*

God, give me faith (bead #1)

God, give me hope (bead #2)

God, help me to love. (bead #3)

*Then pray the Gloria:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

## **First Meditation: The Resurrection**

Three days after Jesus died, his friend, Mary Magdalene, went to the place he was buried, but he wasn't there. Suddenly, she saw Jesus standing in front of her. Jesus was alive again and he told Mary to go tell the others that he had risen from the dead.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **hope**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

## **Second Meditation: The Ascension**

After promising to give them his Holy Spirit, Jesus told his friends to tell everyone the good news that in Jesus we are all saved. Then Jesus went up to heaven on a cloud.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **faithful witness**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

### **Third Meditation: The Descent of the Holy Spirit**

On the day of Pentecost, Jesus' friends were gathered together praying. Suddenly, something that looked like tongues of fire rested on each of their heads and they could feel the Holy Spirit come into them, just as Jesus had promised.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **receptivity**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

## **Fourth Meditation: Reconciliation of the World to God**

Ever since Jesus died and rose again, things have been different. Everything, including us, has been made new. Jesus made us one with God and asked us to tell everyone about it so that they will know they have been made one with God too. Then we can all live as friends, knowing we are one family. Jesus made it so.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **humility**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Still holding the single bead, pray the Lord's Prayer.*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

## **Fifth Meditation: Prophetic Witness to the World**

When Mary first found out she was going to have Jesus, she sang a prayer of praise to God. It was a prayer she knew from church, and she let God speak it through her to her world. We can be like Mary, and God will speak through us to our world too when we learn how to pray and listen for God.

*Pray the Hail Mary seven times – once on each bead – asking God for the grace of **generosity**.*

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

*Then say this closing prayer:*

Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

*Now holding the cross, make the sign of the cross, saying:*

God, help me to grow in grace and be made a faithful witness of the Good News for you.

In The Name of God, Creator, Redeemer, and Sanctifier. Amen.